

MUWA SPA

MUWA SPA
BOOKING INFORMATIONOPENING
HOURS

13:00

WINTER (DEC – MAR)	13:00 – 23:00
SUMMER (APR – NOV)	13:00 – 21:00

GET IN
TOUCH

044-0080 1-Jo 3-chome 10-1, Niseko Hirafu
Kutchan-cho Abuta-gun, Hokkaido, 044-0080 Japan

RESERVATIONS

PHONE	+81 136 55 8301
EMAIL	spa_niseko@muwa.com

- We kindly request that you make a reservation in advance for our spa services.
- Please note that we do not accept reservations for guests under the age of 16 or for pregnant individuals. We appreciate your understanding.
- If you have any medical conditions or are currently receiving hospital treatment, please consult with our Spa team before making a reservation.
- Please notify us of any changes or cancellations to your reservation at least 24 hours prior to your scheduled appointment time.

MUWA SPA
STORYBESPOKE
NOURISHING
TREATMENT

The MUWA SPA offers bespoke teas and treatments, tailored to cater to the unique needs of your mind and body. A serene moment in our tea room prior to your spa session sets the tone, calming your spirit and setting the stage for a soul enriching journey. Indulge in the luxurious mix of fragrant aromas emanating from the tea and oil blend, as we curate a personalised rejuvenating experience just for you.

NATURAL
& NATIVE
INGREDIENTS

MUWA SPA uses products that deeply nourish the skin, extracted from plants, flowers, and herbs, which are natural energy sources that have existed since ancient times. MUWA SPA takes pride in its premium organic products, harmoniously blended with naturally sourced ingredients. Their gentle touch and opulent aroma promise to elevate your spa experience, crafting a haven of unparalleled relaxation.

REINVIGORATING
AMBIENCE

MUWA SPA stands as a testament to the harmonious coexistence of contemporary design and traditional artisanal ethos, a space where cultural inspirations come alive. Drawing from Eastern aesthetics and age-old crafts, the furnishings and artifacts are sculpted in forms that resonate with Niseko's pristine beauty. Immerse yourself in an environment that seamlessly connects with the natural allure of Niseko.

MUWA SPA NISEKO

MUWA SPA NISEKO is a sanctuary of wellness, offering unparalleled spaces and fostering novel connections amidst the unparalleled beauty of Niseko.

At MUWA SPA, our meticulous rituals stir the senses. They channel divine healing through the therapist's gentle touch, coupled with products infused with exquisite natural scents. These rituals purify both the body and the mind, reinvigorating misaligned energies and rejuvenating vitality.

INDULGE IN MUWA'S SIGNATURE TREATMENTS

MUWA SIGNATURE TREATMENT

150mins ¥41,600

The MUWA Signature Treatment is designed to purify, calm and restore connection with one's inner self. Meticulously formulated with natural Hokkaido ingredients and sophisticated techniques for an unparalleled wellness journey. This decadently therapeutic treatment is designed with special rituals that emphasise thermal and detoxifying benefits.

Step into MUWA SPA NISEKO's Signature Treatment, a bespoke wellness journey crafted just for you. Your journey commences with a foot bath enriched with mineral-abundant Himalayan salt, followed by "sound awareness" – a purification of the energy in the space, orchestrated by the gentle resonances of soft tones.

MUWA's signature treatments employ premium oils infused with floral, botanical, and herbal essences. A unique ritual designed to amplify relaxation and detoxification through warmth. Each treatment is tailored to meet guests' unique needs, specifically targeting concerns such as muscle fatigue, cold sensitivity, swelling or any other specific needs you might have.

INCLUDES

FOOT BATH, SOUND THERAPY, BODY TREATMENT (BOTH DRY & OIL), HEAD CARE, WAKE-UP RITUAL

SEASONAL TREATMENT TUMU Earth Circulation Treatment

90mins ¥29,200

Inspired by the Ainu word meaning "into," TUMU is a seasonal ritual that draws the body and mind into the warmth of the earth.

Beginning with a Hokkaido mugwort foot bath, followed by a honey-infused clay pack and full-body oil treatment, this 90-minute journey restores inner balance and deep relaxation.

INCLUDES

FOOT BATH, CLAY PACK, BODY OIL TREATMENT

* All listed prices are inclusive service charge and tax

* All listed prices are subject to change without prior notice

REVITALISING TREATMENT

120mins ¥36,800 | 90mins ¥29,200 | 60mins ¥21,600

Experience a sensory approach to wellness in tune with your natural flow at the Aromatherapy Treatment Program. Find harmony and balance within a luxurious relaxation space with the exquisite aroma of oils made only from natural Japanese ingredients. MUWA SPA NISEKO oils are gentle on the skin, highly moisturising, and release fatigue while restoring balance of mind and body.

INCLUDES

FOOT BATH, BODY TREATMENT (OIL)

DEEP ENERGY TREATMENT

120mins ¥35,200 | 90mins ¥27,600 | 60mins ¥20,000

MUWA's Deep Tissue Treatment is an oil-free program centered on physical recuperation. It gently eases fatigue from the deeper muscle layers, stimulating recovery from muscle tiredness and alleviating persistent pain. To speed up recovery benefit, a specialised gel is applied to further soothe muscle fatigue.

INCLUDES

FOOT BATH, BODY TREATMENT (DRY)

FOOT & LEG CARE

60mins ¥21,600

This program focuses on easing stiffness in the leg muscles and the lower back, designed to relax and soothe tension and soreness. As a recovery treatment, it's designed to reduce muscle fatigue from skiing and other alpine adventures, ensuring a more enjoyable Niseko experience.

INCLUDES

FOOT BATH, LOWER BACK (DRY), LEGS (DRY or OIL)

ADDITIONAL TREATMENT

HEAD CARE

10mins ¥2,400 | 20mins ¥4,800 | 30mins ¥7,200

Employing a technique that is both gentle and assertive, this treatment focuses on relieving tension from the scalp. This program is particularly beneficial for clients experiencing headaches due to low scalp blood circulation and eye strain. The in-depth head care provided aims to restore balance, mitigating tension and stress.